ACT GOAL OF THE MONTH: HONESTY

“Honesty is the first chapter in the book of wisdom.” --Thomas Jefferson

“No legacy is so rich as honesty.” --William Shakespeare

“All I’m ever looking for in my work in general is honesty and truth and people being real to themselves.” --iO Tillett Wright

“Honesty is as much saying everything as it is saying what is true.” --Richard Snelling

How can one be an honest person? Follow through when you say you will do something. This will let others know they can count on you. Be truthful with your actions and your words. Be the real you! Don’t exaggerate or pretend to be something you’re not.

What are some ways you show honesty in your life?

What are some ways you have seen honesty demonstrated? What are the effects of this action?